

MULTI-SPORTS
AGE 11 - 14

Time	Day 1	Day 2	Day 3	Day 4	Day 5
12:00 - 12:30	Lunch (for AM Campers)				
12:15 - 12:30	Registration (for PM Campers)				
12:30 - 13:20	Team-Building Game	Skill Development	Skill Development	Skill Development	Skill Development
13:20 - 13:35	Break 1				
13:35 - 14:25	Basketball	Ball-handling skills	Touch Rugby	Volleyball	Basketball
14:25 - 14:40	Break 2				
14:40 - 15:30	Agility	Soccer	Coordination Games	Coordination Games	Team Matches!